When the Prescription Becomes the Problem

A Community Response to the Opioid Epidemic

September 22, 2016 | 7:30am to 4:30pm
Hurst Conference Center
An opioid and prescription drug abuse epidemic is sweeping the country, impacting all segments of society. To help raise awareness of this epidemic and to help educate young people on the dangers of addiction, the FBI and DEA have released the documentary “Chasing the Dragon: The Life of an Opiate Addict,” a compilation of heart-wrenching first-person accounts by addicts and their family members about their experiences with addiction.

Mr. Parker has been serving as an United States Attorney since December 2014. As an U.S. Attorney, he is responsible for all federal criminal prosecutions and civil litigation involving the United States in the Northern District of Texas which covers 100 counties, over 95,000 square miles, and has a population of approximately eight million people. Mr. Parker oversees a staff of approximately 100 attorneys and 115 support staff assigned among five division offices.

LEARNING OBJECTIVE
1. Participants will be able to identify one risk factor in the use of opiates medications.
2. Participants will be able to identify one method Law Enforcement uses in addressing the opiate epidemic.

Opioid addiction is a chronic brain disease. Like all chronic diseases, it requires individualized treatment including biological, psychological, social, and spiritual care. This workshop will provide an overview of best practices for use of the three FDA-approved medications for the treatment of opioid use disorder, as well as cover the use of rescue care with Naloxone.

Dr. Kelly Clark is Chief Medical Officer of CleanSlate Centers, a multi-state medical outpatient practice treating more than 5,000 opioid-addicted patients with national guidelines-driven care. Dr. Clark is President-Elect of the American Society of Addiction Medicine, and has focused her career on issues of the opioid addiction epidemic as well as issues of payment reform. She was previously Chief Medical Officer of the Behavioral Health Group, headquartered in Dallas.

LEARNING OBJECTIVES
1. Participants will be able to identify all three FDA approved medications in the treatment of opioid addiction.
2. Participants will identify two benefits and two risks in the use of naloxone for overdose rescue.

Sponsors
JPS Health Systems Foundation – JPS Health Network is a $950 million, tax-supported health care system for Tarrant County in North Texas. Anchored by a 537-bed acute care hospital, the network includes more than 46 community-based clinics, including 20 school-based clinics. John Peter Smith Hospital is home to Tarrant County’s first and only Level 1 Trauma Center, its only psychiatric emergency services site, and has the largest family medicine residency program in the nation. 

817.702.1100 | jpshealthnet.org
Since 2009, CleanSlate Centers have provided effective, affordable treatment for addiction to opioids, alcohol, and other substances using an outpatient treatment program. At CleanSlate, we believe that addiction is a chronic disease that can be successfully treated with a combination of medicine and behavioral therapy. CleanSlate is a proud recipient of the SAMSHA Science and Service Award for office-based opioid treatment.

The Center for Therapeutic Change exists to serve you and your family. CTC offers a comprehensive approach to mental health, substance abuse, and addiction treatment services. In addition to individual services, we also provide family and group therapy sessions. If you have been arrested, feel that you can’t go on, or simply need a change, CTC has a program right for you.

Enterhealth is a drug and alcohol addiction treatment company offering the full continuum of care, including Enterhealth Ranch, the residential treatment facility, and Enterhealth Outpatient Center of Excellence. Starting with the latest National Institutes of Health research indicating addiction is a chronic brain disease – one that can be successfully treated utilizing appropriate medical and psychological protocols – the Enterhealth team created a unique program that would lead to personalized plans for each patient and yield results that were at least three times more effective than traditional programs.

Enterhealth Ranch
817.548.9990 | ctcfw.com

Mesa Springs
Mesa Springs Innovations is a 72-bed behavioral health hospital offering inpatient and outpatient mental health and addiction treatment to adults, adolescents and their families. Our goal is to consistently deliver quality, evidence-based treatment using a program-centered approach. Using the latest advancements in program curriculum such as web-based COGRAF, Good Days Ahead® and the Hazelden® Co-Occurring Disorders Program, individualized treatment plans are developed and used to begin the journey to recovery and mental wellness.
817.292.4600 | mesaspings.com

MHMHVC has been a provider of quality mental health and intellectual and developmental disability services in Tarrant County since its inception in 1969. It is the second largest community center in Texas, offering services in the areas of mental health, intellectual & developmental disabilities, addiction, early childhood intervention, criminal justice system support, homelessness, and veterans. All of these services are provided in collaboration with our community partners in the public and private sectors.
817.569.4300 | mhmthtarrant.org

Origins Behavioral HealthCare provides a comprehensive continuum of individualized alcohol and drug addiction treatment programs and recovery support services for adults, including those with co-occurring disorders. Origins’ treatment approach utilizes effective addiction medicine and evidence-based clinical strategies with a profound immersion in the timeless 12-Step experience. Origins delivers a highly individualized, longer-term treatment experience that holistically nurtures the mind, body and spirit in the transformative process of recovery.
844.U.GET.WELL | originsrecovery.com

Santa Fe Youth Services, a division of Youth Advocates Program, provides innovative and accessible prevention, intervention and counseling services to the community that promotes social, emotional and mental health of youth and families most in need. We implement evidence-based programs that have been critically evaluated and proven effective by research projects and are nationally recognized as model programs.
817.492.4673 | santafeyouth.org

Starlite Recovery Center offers help for everyone whose lives are impacted by addiction and alcoholism. Our goal of promoting an adolescent lifestyle is predicated upon intervention and education which demonstrate to the addicted individual the path of success and how others achieved it. Starlite provides programs that deliver a comprehensive, individualized continuum of care for chemically dependent persons and/or their family members who have been affected by the diseases of alcoholism and/or drug addiction.
800.292.0141 | startlerecovery.com

Texas Health Harris Methodist Hospital Fort Worth serves Fort Worth and surrounding communities with advanced medical treatments and an experienced staff that provides compassionate care. With a mission of improving the health of the people in the communities we serve, Texas Health Fort Worth and the physicians on its medical staff are committed to your well-being and the health and wellness of your family.
817.847.9355 | texashhealth.org

Texas Health Harrison Methodist Hospital
817.292.4600 | mhmthtarrant.org

Adapt Pharma is an innovative small business focused on developing cutting-edge treatments for patients with special medical conditions. Our mission is to provide simple, reliable, and accessible therapeutic options, ensuring that patients, and those who care for them, have access to the right treatment at the right time. We manufacture NARCAN® Nasal Spray, the first and only FDA-approved naloxone nasal spray for the emergency treatment of opioid-, fentanyl- and heroin-related overdose.
844.232.7811 | adaptpharma.com

Alkermes is a leader in innovative medicines that address the unmet needs and challenges of people living with debilitating diseases. As a fully integrated global biopharmaceutical company, Alkermes applies our scientific expertise, proprietary technologies and global resources to develop products that are designed to make a meaningful difference in the way patients manage their disease. Alkermes is uniquely positioned to be an engine of innovative treatments for major clinical conditions specifically focused on central nervous system (CNS) disorders, including addiction.
781.609.6000 | alkermes.com

CleanSlate
561.309.0134 | footstepsrecoveryFL.com

Footsteps to Freedom is a State of Florida Department of Children and Families licensed treatment center located in Wellington, Florida. We are recognized in the field for providing evidence-based addiction treatment for both men and women. Our caring and competent staff include licensed medical and clinical professionals who provide the very best in addiction treatment, from admission to after care services.

Enterhealth Ranch
817.335.6429 | excelcenterfortworth.com

The mission of the Drug Enforcement Administration (DEA) is to enforce the controlled substances laws and regulations of the United States and bring to the criminal and civil justice system of the United States those organizations involved in the growing, manufacture, or distribution of controlled substances appearing in or destined for illicit traffic in the United States. Additionally, the DEA recommends and supports non-enforcement programs aimed at reducing the availability of illicit controlled substances on the domestic and international markets.
214.366.6900 | dea.gov

The Excel Center of Fort Worth is a specialized day treatment center meeting the emotional and behavioral needs of children and adolescents ages 5 - 18. We offer partial hospitalization and intensive outpatient programs Monday through Friday. An affiliate of Millwood Hospital, the Excel Center of Fort Worth is a less restrictive treatment environment than an inpatient facility.
817.335.6429 | excelcenterfortworth.com

Choices Private Recovery (Choices) is tailored to each client’s individual and family needs by recognizing alcohol and drug dependence is a disease and abstinence is the best way to manage the condition. Choices employs a holistic rehab approach with a cognitive variation of treatments, allowing each client to work daily renewing their mind, body and spirit. Our treatment programs is unique, and is tailored to meet individual recovery necessities.
844.742.1462 | choicesprivaterecovery.com

Casa Palmera is a holistic-based residential behavioral health treatment facility. At Casa Palmera, our goal is to aid you in a comprehensive spiritual, physical, and emotional recovery. We offer treatment not only for eating disorders such as anorexia nervosa, bulimia, and binge eating, but also for chemical dependencies such as cocaine addiction, drug addiction and alcoholism. Casa Palmera specializes in addressing the individual psychological makeup of each of our patients.
858.481.4411 | casapalmera.com

Clearfork Academy is a Christ-centered recovery community that serves adolescent males (13-17 years old) entangled in the physical, mental, social, and spiritual bonds of chemical dependency. We offer a structured and therapeutic environment where teens can experience freedom from addiction.
817.714.1311 | clearforkacademy.com

Footsteps to Freedom
844.817.3340 | crystalriverfl.com

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1-800-627-3763 | crystalriverfl.com

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817.335.6429 | excelcenterfortworth.com
Children are usually the first hurt and the last helped in the midst of the disease of addiction. Including parents and guardians in the recovery process for their children creates the best possible opportunity for healing for the whole family. We believe in strong partnerships and work with numerous treatment programs, agencies and professional organizations to help create a network of support for children who love someone addicted to alcohol or other drugs.

866.831.5700 | hazeldenbelford.org

Valley Hope opened its doors in 1967 in the small town of Norton, Kansas. Today, we operate 16 treatment centers in seven states across the Midwest and have helped thousands of people find recovery from addiction to alcohol or drugs. As a non-profit organization, we’re dedicated to providing proven, high-quality treatment at an affordable price.

800.544.5101 | valleyhope.org

Keller ISD is a publicly-funded school district with 39 campuses responsible for educating 33,621 students in the Northeast quadrant of Tarrant County. Keller Independent School District covers 219 square miles and includes portions of 10 different cities. Keller ISD believes cooperation and collaboration with the community is vital in assuring that students have all the resources made available to them to achieve educational excellence. Keller ISD is home to the Stay on Track Coalition.

817.744.1000 | kellerisd.net

La Hacienda is dedicated to serving the needs of alcohol and chemically dependent individuals and their families. With over 40 years as a highly reputable treatment facility, we also focus on working closely with referring professionals to ensure the most effective and successful solutions to recovery. Our goal to provide you with the information, tools, and programs you will need to make recovery a reality.

800.749.6160 | lahacienda.com

Lakeview Health is a private drug and alcohol rehab center in Jacksonville, Florida, founded in 2001. We treat the whole patient using a multidisciplinary medical model that combines physiological, psychological and psychosocial care. Our treatment is highly personalized to meet each patient’s unique needs and circumstances. Our newly renovated campus provides a safe, supportive environment for patients to recover, reclaim their health and refocus on what’s most important in their lives—to find their “true north.”

800.884.1727 | lakeviewhealth.com

LOCKMED Medical Product Company is an emerging Medical Technology Company with a charitable mission.

The company is focused on developing products to safeguard prescription drugs to help reduce the problem of prescription drug abuse. LOCKMED has additionally taken the lead in educational efforts on the need to safeguard medications in the home. The company has built a coalition in the form of partnerships with over 70 Drug Task Forces and Community Coalition groups on a national level to highlight this issue.

888.485.2746 | lockmed.com

MedMark Treatment Centers recognizes the unique challenges associated with recovering from opiate addiction or dependency. Our treatment professionals guide patients through the recovery process in a supportive and non-judgmental manner. MedMark clinics also provide physical evaluations, drug screenings, case management services, education and after-care planning. Additionally, certain clinic locations offer methadone detox, buprenorphine maintenance, and group counseling. All of our services focus on helping you achieve long-term sobriety to enhance your wellbeing and improve your quality of life.

888.640.6656 | medmarktreatmentcenters.com

MedReturn, LLC is committed to providing a safe, secure and environmentally friendly way to help law enforcement agencies and communities collect and dispose of prescription medication, including prescriptions, over-the-counter drugs and unused pharmaceuticals. At MedReturn, our vision is a sustainable nation-wide program as widely available a practice as plastic, glass and paper recycling are today.

877.218.0990 | medreturn.com

MedStar provides advanced life support ambulance service to 434 square miles and more than 980,000 residents in Tarrant County and responds to about 135,000 emergency calls a year with a fleet of 57 ambulances. We aspire to be a premier EMS service for both our customers and employees and set standards for others to follow. Our mission is to provide high-quality patient care in an efficient and cost-effective manner with accountability.

817.923.3700 | medstar911.org

At Memorial Hermann, we’re all about advancing health. You. Because it’s redefining healthcare. That means bringing together all aspects of the health system to create a truly integrated health system. Our 5,500 affiliated physicians and 24,000 employees practice evidence-based medicine with a relentless focus on quality and patient safety. The largest not-for-profit health system in Southeast Texas, Memorial Hermann has 16 hospitals and numerous specialty programs and services conveniently located throughout the Greater Houston area.

713.222.CARE (2273) | memorialhermann.org

We are Tarrant County’s only federally qualified community health center and provide primary care through services such as childhood immunization, preventive care for children and adults, management of chronic illness, adolescent health services, well-woman exams, family planning services, and maternity care services. TACHC is a Federal Tort Claims Act (FTCA) deemed facility.

817.625.4245 | tachc.org

Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. This publicly supported, non-profit 501(c)3 corporation is the umbrella organization which provides the network connecting all Oxford Houses and allocates resources to duplicate the Oxford House concept where needs arise. Each house is run by a remarkably effective and low cost method of preventing relapse.

800.689.6411 | oxfordhouse.org

Phoenix House provides individualized, holistic drug and alcohol addiction treatment. We are committed to treating the whole person — and their families — with caring, qualified professionals in the fields of psychiatry, medicine, mental health, social work, education, and recovery support. Our team of experts address the causes of substance abuse and behavioral patterns to guide clients toward lasting recovery. As a leading nonprofit treatment provider, we offer affordable evidence-based care to teens, adults, and families, as well as unique programming for mothers with young children and the military community.

805.637.8505 | phoenixhouse.org

The Prevention Resource Center serves as the central data collection repository and substance abuse prevention training liaison for Region 3. PRC3 is a program of The Council on Alcohol & Drug Abuse and serves 19 North Texas counties: Collin, Cooke, Dallas, Denton, Ellis, Erath, Fannin, Grayson, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell, Tarrant and Wise. Our goal is to identify local community and county resources in order to create a data repository that will facilitate the development of a Regional Needs Assessment.

800.246.HOPE (4673) | prec3.org

Providing expert professional alcohol and drug addiction treatment in a warm, supportive environment is both our core philosophy and our passion. Working closely with your clinical team, you will receive highly individualized treatment for your substance use problems. Best practices demand that treatment for drug addiction be customized in order to provide the best chance for recovery. Concurrent treatments for any dual diagnoses needs, such as anxiety, trauma issues, disorders eating and depression are integrated into your care plan.

866.568.5661 | ranchatovertrue.com

Recovery Resource Council is a 501(c)(3) nonprofit organization with more than 50 years of experience providing substance, drug, and alcohol counseling and healing families. We are the link between substance abuse services and the adults, youth and families who are in need. Recovery Resource Council has an extensive history of providing high-quality and behavioral health services to those seeking help with substance abuse and mental health issues.

817.332.6329 | recoverycouncil.org

The Right Step has facilities all across Texas and offers a full continuum of addiction services. Our programming includes medical detox; inpatient drug rehab; outpatient treatment; continuing care options; and specialized programs for women, adolescents and LGBTI individuals. We provide comprehensive assessments conducted by medical and professional psychologists to determine the appropriate level of care and best program and approaches for your needs.

888.550.9475 | rightsstep.com

The Fort Worth Safe Communities Coalition (FWSCC) brings together a group of more than 130 people (and growing) representing more than 50 Fort Worth organizations to work collaboratively on safety promotion and injury reduction. We have eight prevention task forces, including the Drug Overdose/Opiate Abuse Task Force, which were created based on community data, needs and recommendations from the steering committee.

817.250.4876 | fwsc.org

The Mission of Santé Center for Healing is to address addictive behaviors and associated conditions through an integrated addiction treatment model, drawing from traditional and innovative approaches. Our services are open to individuals and families who seek recovery from addictive behaviors, with a focus on treating the addicted professional. We provide treatment with integrity, promoting wellness for the patient, family and public in a safe and pleasant setting.

800.258.4250 | santecenter.com

Walgreens is one of the largest drugstore chains in the U.S., with more than 8,000 stores. Walgreens is leading the fight against prescription drug abuse with new programs to help curb the misuse of medications and reduce the rise in overdose deaths. Walgreens medical disposal disposal locktats provide a safe and convenient way to dispose of unwanted, unused or expired medication at no cost, year-round.

800.WALGREENS | walgreens.com
Challenge of Tarrant County has become synonymous with education, advocacy and program development in our community’s efforts to prevent and treat the disease of addiction. Community members may not be as familiar with our agency name as they are with the programs we have designed, funded, implemented and sustained in Tarrant County and across the state of Texas. Here are a few of the institutions and programs we have helped create:

Because We Care is a community-wide substance abuse prevention effort focused on children of all ages throughout Tarrant County. The program addresses the issue of responsibility for drug prevention that belongs to all of us—parents, educators, law enforcement, faith-based organizations, and community leaders.

FOL is an established college community coalition designed to strengthen the culture of health and wellness at Weatherford College by increasing and enhancing the knowledge, attitudes, skills, and behaviors regarding alcohol use and drug abuse in order to empower individuals to achieve responsible, healthy lives.

SMART, the first college coalition partnership project funded through DSHS, fosters the health and wellness of the University of Texas at Arlington community by promoting responsible, educated decision-making. The coalition works to reduce risky alcohol consumption and drug abuse in order to empower individuals to achieve responsible, healthy lives.

Power2Choose is a community coalition and social norming campaign that empowers TCU students to take charge of their choices in life and most specifically those related to wellness. The campaign explores the impact high-risk decisions and alcohol use have on everyday social interactions, academic performance and athletic performance and challenges students to make the choice that best catalyzes the future of their dreams.

Stay on Track is a city-wide coalition forming to address underage drinking, high-risk binge-drinking and prescription drug misuse and abuse in the Keller area. The coalition engages the city of Keller to prevent substance use among youth ages 12 to 24 by strengthening collaboration among community sectors and promoting overall community awareness through family education, social norming messages and civic events.

SMART Arlington is a Drug-Free Community Coalition that engages the City of Arlington to prevent substance use among youth ages 12 to 17 by strengthening collaboration among community sectors. To reach this objective, the coalition promotes overall community awareness through family education, social norming messages and civic events.

Created by Challenge through the Closing the Addiction Treatment Gap (CATG) Initiative, Treat Texas seeks to mobilize public support for expanding addiction and recovery services by increasing public funding, broadening insurance coverage, and advocating for sound public policy on Substance Use Disorders.

Substance Abuse Information Index (SAID) collects and disseminates state and local data to demonstrate the nature and extent of the substance abuse problem in Tarrant County. The project produces the Drug Impact Index, a valuable research document for needs assessment, program development and grant writing endeavors.

Family Drug Court addresses child welfare cases where parental substance use disorder is the primary factor. The project is built around strong community collaboration with the ultimate goal of providing safe, nurturing, permanent homes for children while simultaneously providing parents the necessary support and services to engage in long term recovery.

TYTAP is an evidenced-based Tobacco Prevention Program for persons who have received citations for underage possession of tobacco. TYTAP uses motivational enhancement strategies with participants in increasing tobacco knowledge and building skills to quit tobacco use. The program uses self-awareness activities, environmental awareness activities and behavior disruption activities to promote long-term tobacco cessation.

The Challenge Institute provides a variety of training programs to help professionals, parents, students, elected officials and the community at large increase their knowledge and effectiveness in addressing substance use disorder issues and recovery. The Institute also provides technical assistance to community organizations and coalitions to meet specific organizational needs.

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